



# Media Release

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*Feb. 25, 2009*

*For Immediate Release*

## **‘Leap Frogs’ to Jump at Daytona Frogman Triathlon**

The U.S. Navy Parachute Team, also known as the Leap Frogs, will perform parachute demonstration during the 2010 Daytona Frogman Triathlon in Daytona Beach, Fl., March 20-21

While the triathlon is focused on raising money for the Naval Special Warfare Foundation, the Team hopes to inspire athletes and spectators to consider a career in the Navy SEAL and Special Boat Teams.

The event is a USAT sanctioned Olympic-distance triathlon that consists of a 1,500-meter ocean swim, a 40 km bike ride followed by a 10 km run. There will be special categories for military members and challenged athletes.

Scheduled Navy Parachute Team performances are:

- Saturday, March 20 at 3:45 p.m. at
- Sunday, March 21 at 7 a.m. at

The Navy Parachute Team, known as the Leap Frogs, was created in the late 1960s, when Navy SEALs performed at air shows on weekends. The Department of Defense then officially

commissioned the NPT in 1974 with the mission of demonstrating Navy excellence throughout the United States. The Leap Frogs are based in San Diego.

The team currently consists of parachutists who are Navy SEAL (SEa, Air and Land) and SWCC (Special Warfare Combatant-craft Crewman) commandos. SEALs are the U.S. Navy's Special Operations force and the maritime component of U.S. Special Operations Command. SEALs are an offensive force focused on small unit operations, which allow for increased mobility and flexibility. SWCC operators maintain the inventory of state-of-the-art, high-performance boats used for special operations missions. They are extensively trained in special operations craft and weapons tactics, techniques and procedures.

Leap Frog performances include canopy formations that team members create with their blue and gold parachutes. Some demonstrations also include colorful smoke streaming from the parachutists, brilliant pyrotechnics, and patriotic presentation of the American flag.

For more information about the Navy Parachute Team, visit [www.leapfrogs.navy.mil](http://www.leapfrogs.navy.mil).  
For more information about the Navy SEAL and Special Boat teams, visit [www.sealswcc.com](http://www.sealswcc.com).  
For more information about the Daytona Frogman Triathlon, visit [www.daytonafrogman.com](http://www.daytonafrogman.com).

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